

| 16/11/68                 | Stage 1        |              | Stage 2       |              | Stage 3            |              | Stage 4          |              | Stage 5        |              | Stage 6           |              | Stage 7          |              | Stage 8        |              |
|--------------------------|----------------|--------------|---------------|--------------|--------------------|--------------|------------------|--------------|----------------|--------------|-------------------|--------------|------------------|--------------|----------------|--------------|
| 1 Shettleston H          | 27:15          | 4            | 56:49         | 5            | 1:17:56            | 2            | 1:46:05          | 1            | 2:12:47        | 1            | 2:44:33           | 1            | 3:13:30          | 1            | 3:36:34        | 1            |
|                          | M McMahon      | 27:15        | N Morrison    | 29:34        | <b>T Patterson</b> | <b>21:07</b> | <b>R Wedlock</b> | <b>28:09</b> | W Scally       | 26:42        | <b>JL Stewart</b> | <b>31:46</b> | <b>L Meneely</b> | <b>28:57</b> | H Summerhill   | 23:04        |
| 2 Aberdeen AAC           | 27:41          | 7            | 56:13         | 1            | 1:17:26            | 1            | 1:47:10          | 2            | 2:14:40        | 2            | 2:46:41           | 2            | 3:15:46          | 2            | 3:38:40        | 2            |
|                          | I Mackenzie    | 27:41        | <b>A Wood</b> | <b>28:32</b> | P Stewart          | 21:13        | A Clare          | 29:44        | S Taylor       | 27:30        | I Stewart         | 32:01        | D Ritchie        | 29:05        | <b>W Ewing</b> | <b>22:54</b> |
| 3 Edinburgh Southern H   | 27:47          | 8            | 57:10         | 6            | 1:19:02            | 4            | 1:47:38          | 3            | 2:15:31        | 3            | 2:47:17           | 3            | 3:16:37          | 3            | 3:40:54        | 3            |
|                          | W Allan        | 27:47        | K Ballantyne  | 29:23        | T Coyle            | 21:52        | D Macgregor      | 28:36        | G Stark        | 27:53        | <b>GB Jones</b>   | <b>31:46</b> | A Matson         | 29:20        | W Lyall        | 24:17        |
| 4 Victoria Park AAC      | 27:19          | 5            | 58:41         | 12           | 1:21:05            | 9            | 1:50:17          | 6            | 2:17:26        | 5            | 2:50:14           | 5            | 3:19:46          | 4            | 3:43:25        | 4            |
|                          | J Crawford     | 27:19        | P McLagan     | 31:22        | J McLaren          | 22:24        | WH Barrow        | 29:12        | I Binnie       | 27:09        | J Reilly          | 32:48        | A Elson          | 29:32        | C Laing        | 23:39        |
| 5 Edinburgh AC           | 27:47          | 9            | 56:38         | 4            | 1:19:32            | 5            | 1:48:20          | 4            | 2:17:16        | 4            | 2:50:16           | 6            | 3:20:22          | 6            | 3:43:53        | 5            |
|                          | J Fairgrieve   | 27:47        | J Alder       | 28:51        | D Watson           | 22:54        | J Wright         | 28:48        | F Steel        | 28:56        | A Wight           | 33:00        | T Mayford        | 30:06        | T McIntyre     | 23:31        |
| 6 Springburn H           | 27:14          | 3            | 56:20         | 3            | 1:18:30            | 3            | 1:48:49          | 5            | 2:18:12        | 7            | 2:51:00           | 7            | 3:20:10          | 5            | 3:44:11        | 6            |
|                          | A Beaney       | 27:14        | J McGraw      | 29:06        | A McLennon         | 22:10        | H Gorman         | 30:19        | C Jarvie       | 29:23        | E Knox            | 32:48        | I Picken         | 29:10        | A Picken       | 24:01        |
| 7 Edinburgh University   | 29:21          | 17           | 59:50         | 15           | 1:23:09            | 13           | 1:51:37          | 9            | 2:17:56        | 6            | 2:50:03           | 4            | 3:20:32          | 7            | 3:45:10        | 7            |
|                          | J McErlean     | 29:21        | F Camwell     | 30:29        | T Jones            | 23:19        | D Logue          | 28:28        | <b>I Young</b> | <b>26:19</b> | A Blamire         | 32:07        | J Exley          | 30:29        | J Dingwall     | 24:38        |
| 8 Dundee Hawkhill H      | 28:05          | 10           | 58:03         | 9            | 1:20:31            | 8            | 1:51:29          | 8            | 2:20:02        | 9            | 2:55:55           | 10           | 3:26:02          | 8            | 3:51:14        | 8            |
|                          | R Colman       | 28:05        | R Grant       | 29:58        | I Graves           | 22:28        | P Kearns         | 30:58        | R Saines       | 28:33        | I Robertson       | 35:53        | R Heron          | 30:07        | R Oliver       | 25:12        |
| 9 Strathclyde University | 26:50          | 1            | 56:18         | 2            | 1:20:03            | 6            | 1:51:10          | 7            | 2:21:11        | 10           | 2:55:54           | 9            | 3:28:09          | 10           | 3:53:14        | 9            |
|                          | <b>J Myatt</b> | <b>26:50</b> | A Smith       | 29:28        | W Logie            | 23:45        | I Mitchell       | 31:07        | R Campbell     | 30:01        | W Eadie           | 34:43        | S McCrae         | 32:15        | R Sandilands   | 25:05        |
| 10 Bellahouston H        | 28:10          | 11           | 58:33         | 11           | 1:21:09            | 10           | 1:51:57          | 10           | 2:19:54        | 8            | 2:54:46           | 8            | 3:28:00          | 9            | 3:53:51        | 10           |
|                          | I Kerr         | 28:10        | B Goodwin     | 30:23        | J Wood             | 22:36        | J Adair          | 30:48        | S Irvine       | 27:57        | J Irving          | 34:52        | A Yates          | 33:14        | F Cowan        | 25:51        |
| 11 Garscube H            | 28:37          | 13           | 1:00:18       | 18           | 1:23:56            | 15           | 1:55:17          | 15           | 2:23:46        | 12           | 2:58:45           | 12           | 3:29:28          | 11           | 3:54:50        | 11           |
|                          | J Cook         | 28:37        | T Wiseman     | 31:41        | A Maxwell          | 23:38        | A MacDonald      | 31:21        | D Martin       | 28:29        | J Barrowman       | 34:59        | W Ritchie        | 30:43        | D Kerr         | 25:22        |
| 12 Aberdeen University   | 29:41          | 18           | 1:00:15       | 17           | 1:23:34            | 14           | 1:55:29          | 16           | 2:25:32        | 15           | 2:59:54           | 15           | 3:31:18          | 14           | 3:56:20        | 12           |
|                          | C MacAuley     | 29:41        | C Youngson    | 30:34        | R Orr              | 23:19        | C Downing        | 31:55        | R Anderson     | 30:03        | J Maycock         | 34:22        | A Downing        | 31:24        | H Cameron      | 25:02        |
| 13 Glasgow University    | 28:18          | 12           | 59:29         | 13           | 1:21:46            | 12           | 1:54:26          | 13           | 2:24:07        | 13           | 2:59:20           | 14           | 3:31:04          | 13           | 3:56:46        | 13           |
|                          | W McDonald     | 28:18        | J Beaney      | 31:11        | B McHardy          | 22:17        | L Reid           | 32:40        | A Reid         | 29:41        | K Lunn            | 35:13        | D Stein          | 31:44        | A Irving       | 25:42        |
| 14 Clydesdale H          | 29:02          | 15           | 59:32         | 14           | 1:24:37            | 16           | 1:54:43          | 14           | 2:23:27        | 11           | 2:58:41           | 11           | 3:29:47          | 12           | 3:56:49        | 14           |
|                          | I Leggett      | 29:02        | D Gemmell     | 30:30        | A Park             | 25:05        | I Donald         | 30:06        | B McAusland    | 28:44        | R Shields         | 35:14        | C O'Boyle        | 31:06        | F Kilty        | 27:02        |
| 15 Greenock Glenpark H   | 27:24          | 6            | 57:29         | 7            | 1:21:35            | 11           | 1:53:25          | 11           | 2:24:26        | 14           | 2:59:18           | 13           | 3:31:24          | 15           | 3:57:56        | 15           |
|                          | R Hodelet      | 27:24        | W Murray      | 30:05        | R Love             | 24:06        | J Smith          | 31:50        | C Spence       | 31:01        | J Spence          | 34:52        | D Childs         | 32:06        | S Taylor       | 26:32        |
| 16 Teviotdale H          | 27:00          | 2            | 57:56         | 8            | 1:20:20            | 7            | 1:53:50          | 12           | 2:25:37        | 16           | 3:01:53           | 16           | 3:34:05          | 16           | 3:59:38        | 16           |
|                          | A Raeburn      | 27:00        | J Meikle      | 30:56        | G Richardson       | 22:24        | I Elliott        | 33:30        | B Mather       | 31:47        | D Riddell         | 36:16        | P Roddan         | 32:12        | J Hamilton     | 25:33        |
| 17 Dumbarton AAC         | 30:48          | 19           | 1:01:20       | 19           | 1:25:00            | 17           | 1:57:30          | 17           | 2:29:41        | 17           | 3:05:47           | 18           | 3:35:52          | 17           | 4:01:59        | 17           |
|                          | G Grant        | 30:48        | C Martin      | 30:32        | M Lidwell          | 23:40        | W Cairns         | 32:30        | K Grant        | 32:11        | R Mills           | 36:06        | H Elder          | 30:05        | T Brown        | 26:07        |
| 18 Greenock Wellpark H   | 29:12          | 16           | 59:51         | 16           | 1:25:04            | 19           | 1:58:24          | 19           | 2:29:57        | 18           | 3:04:43           | 17           | 3:36:53          | 18           | 4:02:33        | 18           |
|                          | M Pollard      | 29:12        | W Stoddart    | 30:39        | P McConnachie      | 25:13        | M Gerrard        | 33:20        | C King         | 31:33        | J Stevenson       | 34:46        | N Shepherd       | 32:10        | A McKernan     | 25:40        |
| 19 Motherwell YMCA       | 28:44          | 14           | 58:22         | 10           | 1:25:02            | 18           | 1:58:20          | 18           | 2:33:15        | 20           | 3:08:42           | 19           | 3:42:20          | 19           | 4:10:06        | 19           |
|                          | W Marshall     | 28:44        | R McKay       | 29:38        | R Kennedy          | 26:40        | G Milne          | 33:18        | J Smith        | 34:55        | J Duffy           | 35:27        | E Garry          | 33:38        | R Cook         | 27:46        |
| 20 Maryhill H            | 30:57          | 20           | 1:01:20       | 20           | 1:26:03            | 20           | 2:00:35          | 20           | 2:30:50        | 19           | 3:09:07           | 20           | 3:43:31          | 20           | 4:10:51        | 20           |
|                          | K Kyriacou     | 30:57        | J Brennan     | 30:23        | I Hamilton         | 24:43        | J Farrell        | 34:32        | S Watson       | 30:15        | J Docherty        | 38:17        | N Singh          | 34:24        | G Porteous     | 27:20        |